Animals on the farm are important to your family. Some diseases of animals can cause illness in people. Keep yourself, your family, and your livestock or poultry healthy by remembering W.A.S.H.

WASH

Keep germs out of your eyes, nose, and mouth
Wash your hands often with soap and water
- AFTER cleaning manure, bedding or cleaning cages
- AFTER contact with equipment used around animals
- BEFORE contact with infants or young children
- BEFORE eating food

Avoid disease vectors
- Mosquitoes, ticks, and fleas can transfer diseases from animals to people.
- Avoid vector areas (tall grass, wooded areas) and peak activity times (dusk and dawn)

Avoid wild animals
- Wild animals can transfer diseases to your animals and to you

FOR PEOPLE

Use personal protection
- Wear gloves when cleaning items in animal areas or if treating sick animals
- Wear a mask if dust is being generated during cleaning (e.g. sweeping)

FOR LIVESTOCK AND POULTRY

Prepare food safely
- Cook meats to the proper temperature
- Wash raw fruits and vegetables before eating

Wound care
- Clean any wounds from animals promptly
- Don’t let animals lick or contaminate any wounds
- Cover wounds before contact with animals

FOR PEOPLE

Stay healthy
- Keep yourself and your family healthy to prevent disease

FOR LIVESTOCK AND POULTRY

Keep animals healthy
- Monitor your animals daily for signs for disease
- Isolate sick animals from the rest of the herd right away
- Contact your veterinarian when animals are sick

For more information, talk with your veterinarian and visit www.cfsph.iastate.edu/zoonoses