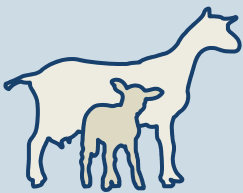


Preventing Zoonoses During Pregnancy

When you are pregnant,
your immune system responds differently to diseases.

Zoonotic diseases can spread between animals and people.

You can become sick if you are exposed to any of the following.



Pregnant or
young animals



Dirty farm
environment



Dust/dried
droppings



Unclean
food/water

Protect yourself and your baby around animals.

Wear gloves, a mask, and coveralls
when working with young or
pregnant animals.

Wear a mask if working in an area
with birds, bird droppings, or nests.

Never eat or drink around animals
or in animal areas.



ALWAYS wash your hands

- After touching animals, their body fluids, or feces
- After removing boots and clothing
- Before eating or drinking

**WASH for 20 seconds
using soap and water!**

Talk to your veterinarian about zoonotic disease risks
or visit www.cfsph.iastate.edu/zoonoses